

Prevalence of Home and Leisure Accident in a population of detected patient suspect of sleep disorders during a healthcare checkup



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Objectives

- To improve tracking of the vigilance and sleep disorders in the primary healthcare checkup center
- To promote the catch of load within specialized diagnostic units
- To prevent and reduce the risk of occurred of accidents of the everyday life

Méthod

A- Systematic tracking, in primary healthcare checkup center, of the vigilance and sleep disorders among the patients of at least 40 years, diurnal scale of somnolence of Epworth

Criteria of tracking

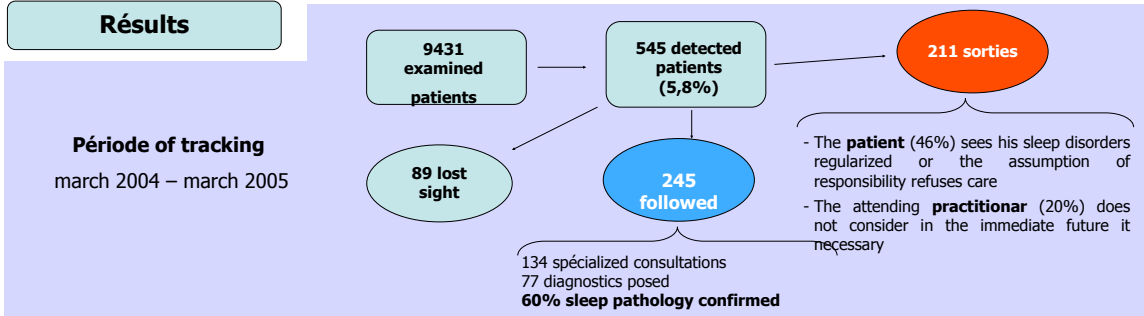
Criteria of tracking Score of Epworth > 16 or score of Epworth > 10 with at least a positive response to q1, q2 or q3

- q1; sometimes the need to sleep prevents me from leading or obliges me to stop me,
- q2; I had an accident due to a drowsiness,
- q3; it is said to me that I stop breathing while sleeping.

B Orientation and diagnosis carried out by the doctors specialists, member of the network of Gironde of assumption of responsibility of pathologies of the sleep and vigilance

C Measure prevalence of which has occurred of accidents of the everyday life using the questionnaire resulting from national survey INVS into the accidents of the everyday life *

Résultats



Inquire into occurred of the accidents of the everyday life Questionnaire addressed to the 545 detected patients; 322 turned over questionnaires (60%)

Prevalence of which has occurred of the accidents of the everyday life among the detected patients **11%**

National prevalence of which has occurred of the accidents of the everyday life **4,7% ***

P<10⁻⁶

Conclusion

The prevalence of the tracking of the vigilance and sleep disorders in the center of examination of health improved and passed from 2 % to 5,8% where 60% of the diagnoses are pathologies of the sleep confirmed

Not enough attending practitioner is informed and implied in the assumption of responsibility of pathologies of the sleep. A campaign of formation and information to the assumption of responsibility of pathologies of the sleep is necessary.

And, this more especially as the prevalence of which has occurred of the accidents of the everyday life among the detected patients is 2,5times more important than that estimated with the level main road, p<10⁻⁶

Partenaire:



Bibliography:

* Les accidents de la vie courante en France selon l'Enquête santé et protection sociale, INVS 2002