

The *International* Classification of SLEEP DISORDERS

Second Edition

Diagnostic & Coding Manual



American Academy of Sleep Medicine

ACKNOWLEDGMENTS

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The *International Classification of Sleep Disorders, Second Edition (ICSD-2)* revision was a task that involved more than 100 members of the sleep community from the United States and many other countries throughout the world.

Special thanks are extended to the Board of Directors of the American Academy of Sleep Medicine (AASM). They recognized the need for a revision as early as 2001, sent a request for proposals, appointed the Committee to Revise the *ICSD*, and from then on unstintingly supported our efforts, both financially and with the time they took reviewing our work. During this time, the following were members of the AASM Board of Directors: Donna Arand, PhD; Daniel Buysse, MD; Alejandro Chediak, MD; Andrew L. Chesson, Jr., MD; Lawrence Epstein, MD; Mary Susan Esther, MD; Conrad Iber, MD; W. Vaughn McCall, MD; Barbara A. Phillips, MD; Stuart Quan, MD; Richard Rosenberg, PhD; Michael J. Sateia, MD; Stephen Sheldon, DO; John W. Shepard, Jr., MD; Michael H. Silber, MB, ChB; J. Baldwin Smith III, MD; and Edward Stepanski, PhD.

The Committee to Revise the *ICSD* was the center of the work. Its members not only hammered out the overall framework for the revision, but they were involved in every detail of this task from the beginning in the fall of 2002 until its fruition in the fall of 2004. This was a particularly hard-working group, and I have never seen a group of well-respected, leading professionals so willing to give freely of their time, so intense in their discussions, and so able to come together again and tackle the next issue once the previous one was settled. The members of this committee include: Nancy Collop, MD; Jack Edinger, PhD; Mark Mahowald, MD; Emmanuel Mignot, MD, PhD; Gerald Rosen, MD; R. Bart Sangal, MD; Carlos Schenck, MD; Arthur Walters, MD; and Phyllis Zee, MD, PhD.

Each committee member was assigned a special sleep disorders category to shepherd through the revision. Each developed a task force of other sleep specialists to do this job. Members of these task forces first decided what sleep disorders needed to be included in their category. They then wrote the individual descriptions for each of these disorders. The task forces were constituted as follows:

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